



# LAT-ASIAN CHICKEN & RICE

## INGREDIENTS

2 lbs. Plant-Based Chicken Chunks  
4 cups uncooked brown rice  
4 t canola oil  
2 cups chunky salsa  
3 T minced fresh cilantro

**TIME:** 35 mins (Prep Time 5 mins / Cook Time 30 mins) **SERVES:** 8-10 **TYPE:** Vegan

## INSTRUCTIONS

- 1 Cook rice according to package directions.
- 2 In a large nonstick skillet, cook chicken chunks in oil over medium heat for 5 minutes or until lightly browned.
- 3 Stir in the salsa and bring to a boil.
- 4 Reduce heat; simmer, uncovered, for 2 minutes.
- 5 Sprinkle with cilantro. Serve over brown rice.

### QUICK TIP



Add some veggies: broccoli, zucchini or bell peppers are delicious additions

**Before**  
*the butcher*<sup>TM</sup>