

VEGETARIAN SAUSAGE DIP

INGREDIENTS

14 oz. Plant-Based Italian Sausage 2 T vegetable oil 1 block cream cheese* 18 oz. can diced tomatoes 17 oz. can green chilies Green onions for garnish French bread loaf, fresh, if possible

* or your favorite vegan alternative

TIME: 20 mins (Prep Time 5 mins / Cook Time 15 mins) SERVES: 10-15 TYPE: Vegetarian

INSTRUCTIONS

- Heat vegetable oil in a large frying pan on medium heat. Add Italian sausage and cook for 5 minutes, breaking into crumbles as you stir.
- 2 Add in cream cheese, stir until melted and creamy.
- 3 Add in the tomatoes and chilies. Stir to mix.
- 4 Add green onions to top. Serve immediately with fresh cut French bread (toasted or not).



Add 2 diced jalapeños with the tomatoes & chilies for an added kick

