

VEGETARIAN SPICY NOODLES

INGREDIENTS

4 Plant-Based Chicken Patties 2 T olive oil 1lb. linguine pasta 2 T vegetable oil 1/3 cup toasted sesame oil 1/4 t red pepper flakes 1 T chili paste 1 small red bell pepper, chopped 1/2 cup grated carrots 7 T soy sauce 7 T honey 3 green onions, chopped 1/4 cup crushed peanuts TIME: 20 mins (Prep Time 5 mins / Cook Time 15 mins) SERVES: 4 TYPE: Vegetarian

INSTRUCTIONS_

QUICK TIP

- Heat olive oil in skillet. Add chicken patties and cook 4 minuted each side. Cut into bite-size pieces.
- 2 Boil pasta per package, rinse and set aside.
- Beat vegetable and sesame oils in wok or large skillet, add red pepper flakes and chili paste. Stir to mix well.
- Add red bell pepper and carrots. Sauté 3 minutes. Whisk in soy sauce and honey until warmed through.
- 5 Add the cooked pasta and chicken. Top with green onions and crushed peanuts.

Like it extra spicy? Increase red pepper flakes up to $l^{1/2}$ t

