



TACO BURGER

INGREDIENTS

14 oz. Plant-Based Taco Ground
4 Kaiser rolls
1 tomato, diced
1 cup shredded lettuce
1 cup sharp cheddar, shredded
1 red onion, sliced thinly
Sour cream
Salsa or hot sauce

TIME: 17 mins (Prep Time 10 mins / Cook Time 7 mins) **SERVES:** 4 **TYPE:** Vegetarian

INSTRUCTIONS

- 1 Sauté the taco ground in a skillet with avocado oil until browned, about 4-5 minutes.
- 2 Build your burger by placing a scoop of the plant-based meat mixture onto bottom roll.
- 3 Top with diced tomatoes, lettuce, cheese, onions, and a dollop of sour cream.
- 4 Add salsa or hot sauce and top roll.
- 5 Enjoy!

QUICK TIP



Make a party tray with sliders or by filling lettuce cups with taco mixture